

# Sparta Recreation

## Program Activity Calendar

**Winter 2026**



Registration Begins: December 10th  
(Registration for non-residents begins: December 17th)

Register in our office or online at:  
<https://register.communitypass.net/SpartaTownship>

# SPECIAL EVENTS

## BUNNY BREAKFAST

Saturday, March 28th

9:30am-10:30am OR 11:00am-12:00pm

Join us in the lower level of the Sparta Library for Sparta Recreation's entertaining breakfast with our very special bunny! There will be music, Jack's Petting Zoo, a breakfast buffet and visits with the bunny. Pre-registration is required.

Fee: \$12 per child.



## JUNIOR CHEF WORKSHOPS

Sparta Recreation and Chef It Up are excited to present cooking workshops for Sparta's junior chefs! These programs are nut free. Please advise of any food allergies at the time of registration.

- Pregame Superbowl Snacks:** Join Chef It Up as we get ready for the 2026 Superbowl! We will be making various pregame snacks to enjoy during the big game! Come dressed in your favorite team gear!
- St. Patrick's Day Workshop:** Join Chef It Up to make some fun holiday foods in this delicious class, featuring Irish soda bread muffins with homemade butter.

Theme	Age	Day	Time	Date	Fee
Super Bowl Party	6-14 yrs	Saturday	10:30am-12:00pm	1/31	\$32
St. Patrick's Day	6-14 yrs	Saturday	10:30am-12:00pm	3/14	\$32

## PUZZLE PALOOZA!

Thursday, March 5th

6:30pm



If you love puzzles, have a competitive streak, or are just looking for a fun night out with family or friends, come join us! Teams (3-5 people) will compete to assemble a 500-piece puzzle in the shortest amount of time. The 500-piece puzzle will be provided, and all teams will complete the same puzzle. Registration is required and spots are limited.

Fee: \$15 per team

## HOCUS POCUS, IT'S JOE FISCHER!

Looking for something fun to do during your family's spring break staycation? Join us for Hocus Pocus, It's Joe Fischer—a high-energy magic show will astound, baffle, delight and thrill audience members of all ages. From the first trick until the curtain closes, you will experience nonstop fun, filled with audience participation, laughter, and amazement.

	Date	Day	Time	Fee
All Ages!	4/7	Tuesday	10:00am-10:45am	\$15 per person

## SECRETS OF MAGIC

After the show, stay and enjoy this special class where children will be offered a rare "behind the scenes" look at how magic is performed. Children will learn how to perform several new tricks and come home with their own "bag of magic." A perfect beginning for a lifetime hobby!

Grade	Date	Day	Time	Fee
1st-4th	4/7	Tuesday	11:00am-12:30pm	\$45 per person

# CIRCLE OF FRIENDS PRESCHOOL

## CIRCLE OF FRIENDS PRESCHOOL

Sparta Recreation's NJ State Certified Preschool offers almost 30 years of experience, keeping children our number one priority while promoting learning, fun, and friendship! Your child will be warmly welcomed into an environment that builds strong social skills, fosters independence, and expands academic knowledge. Our school is designed to assist and prepare children for their transition to the elementary school experience.

### REGISTRATION INFORMATION

Registration for the 2026-2027 school year begins on **February 18, 2026** and must be done in person. First priority is given to returning students for the 4 year-old program, and registration is ongoing until classes reach max capacity. Payment must be made at time of registration and includes a \$50 non-refundable deposit and one monthly payment, which will cover September tuition. (Registration for non-residents will begin on 3/18/26.) Students must be fully potty-trained.

Age	Day	Time	Fee
3 Year Old Program (Children must turn 3 by 10/1/2026 to be registered.)	Wednesday & Friday	12:30-3:00pm	\$155/month
4 Year Old Program (Children must turn 4 by 10/1/2026 to be registered.)	Monday, Wednesday & Friday	9:00-11:30am	\$235/month



## TOT PROGRAMS

### GIGGLE TIME

Giggle Time is geared towards children ages 2 to 5 years old. Each week features a new theme, which children explore through circle time, art, music/movement, and story time. This class is ideal for caregivers looking to introduce their little ones to some new friends and help them make positive associations with entering a classroom. While little ones will look forward to a fun morning out of the house, caregivers will gain insight into their child's development, learn strategies to help encourage them, and watch their confidence grow. This class is run by local child development specialist Kris Harms, who is happy to answer any questions caregivers may have. All types of little learners are welcome here. Siblings under 2 are welcome to attend, free of charge. (No Class: 1/20, 4/7)

Age	Day	Time	Session	Dates	Fee
2-3 yrs	Tuesday	9:30am-10:15am	I-6 weeks	1/6-2/17	\$60
2-3 yrs	Tuesday	9:30am-10:15am	II-6 weeks	3/3-4/14	\$60
2-3 yrs	Tuesday	10:30am-11:15am	I-6 weeks	1/6-2/17	\$60
2-3 yrs	Tuesday	10:30am-11:15am	II-6 weeks	3/3-4/14	\$60
2-3 yrs	Tuesday	11:30am-12:15pm	I-6 weeks	1/6-2/17	\$60
2-3 yrs	Tuesday	11:30am-12:15pm	II-6 weeks	3/3-4/14	\$60
3-5 yrs	Tuesday	12:30pm-1:15pm	I-6 weeks	1/6-2/17	\$60
3-5 yrs	Tuesday	12:30pm-1:15pm	II-6 weeks	3/3-4/14	\$60

# TOT PROGRAMS

## GYMNASICS

This program provides a child with his/her first structured exercise experience in a fun and colorful learning atmosphere. Creative play and theme-based circuits focus on critical milestones for proper brain development through movement and basic gymnastics skills. Your little one will develop motor skills, basic muscle coordination, and create lasting friendships. These classes are structured, not open play. The 10:00am class (L'il Jumpers) is designed for 2-3 year olds to participate with one caregiver. Please no siblings or extra adults. (There is no parent waiting area in the facility.) The 11:00am class (L'il Kippers) is an independent drop-off program for 3 year olds. The 12:00pm class (L'il Giants) is an independent drop-off program for 4-5 year olds. (No Class: 3/13) Location: Giant Gymnastics, 3 Park Lake Road, Sparta

Class	Age	Day	Time	Session	Dates	Fee
L'il Jumpers	2-3 yrs	Friday	10:00am-10:45am	I-5 weeks	1/9-2/6	\$90
L'il Jumpers	2-3 yrs	Friday	10:00am-10:45am	II-5 weeks	2/20-3/27	\$90
L'il Kippers	3 yrs	Friday	11:00am-11:45am	I-5 weeks	1/9-2/6	\$90
L'il Kippers	3 yrs	Friday	11:00am-11:45am	II-5 weeks	2/20-3/27	\$90
L'il Giants	4-5 yrs	Friday	12:00pm-12:45pm	I-5 weeks	1/9-2/6	\$90
L'il Giants	4-5 yrs	Friday	12:00pm-12:45pm	II-5 weeks	2/20-3/27	\$90

## MOMMY & ME COOKING WORKSHOPS

Our littlest chefs will learn how to prepare a fun snack, drink and/or dessert together with a parent/guardian! This is a great introduction to cooking. Your little chef will learn about new foods and kitchen tools. These programs are entirely nut free. Please advise of any food allergies at the time of registration.

Theme	Age	Day	Time	Date	Fee
Snow Day Fun	2.5-6 yrs	Tuesday	4:00pm-4:45pm	1/13	\$32
Sweet Valentine's Day Treats	2.5-6 yrs	Tuesday	4:00pm-4:45pm	2/10	\$32
St. Patrick's Day Fun	2.5-6 yrs	Tuesday	4:00pm-4:45pm	3/10	\$32

# YOUTH BASKETBALL

Come learn the fundamental skills of basketball with Sparta Recreation and Drills, Skills & Thrills! Participants in Kindergarten and 1st Grade will meet for one hour per week and will participate in clinics and drill instruction. All participants will practice together and will not be placed on teams. They may be broken up into groups for non-competitive scrimmages.

Participants in our 2nd and 3rd Grade League will learn the fundamental skills of basketball and participate in games. Players will be placed on teams and will have one night of practice and one game per week. The first Saturday, players will participate in a clinic which will allow coaches to observe players and place them on equitable teams.

Location: Mohawk Avenue School (18 Mohawk Avenue) No Games: 2/14

Grade	Day	Format	Times	Dates	Fee
K	Saturday	Clinic	9:00am-10:00am	1/10-3/7	\$135
1st	Saturday	Clinic	10:00am-11:00am	1/10-3/7	\$135
2nd & 3rd	Thursday	Practice	5:30pm or 6:30pm	1/15-3/5	\$150
	Saturday	Games	11:00am or 12:00pm	1/10-3/7	

# YOUTH PROGRAMS

## JUNIOR TRACK & FIELD

This program is open to children ages 7-15 (not in high school) by December 31, 2026. Children compete in age groups. Practices will take place at the SHS track on Tuesdays and Thursdays, and are anticipated to start in mid-March (weather permitting). Track meets will begin in April and will continue through early June. Our team will compete against other towns in the Lakeland Track & Field League. Track meets for 8 year olds and under are on Friday evenings. Track meets for ages 9+ are on Sundays, normally after 12:00pm. Parent volunteers are needed to make this program successful. Fee: \$70 per child.



## SEW COOL CRAFTS

Amaze your family and friends by completing impressive one-of-a-kind projects in this delightful program, designed for beginners, yet creative enough for hobbyists. Sewing is a relaxing, highly useful skill that is limited only by your imagination. Come have fun while learning sewing machine basics, creative hand stitching, easy embroidery, fabric and pattern use and more! Fee includes all materials. No refunds or credits will be issued, for any reason, within 8 days of program start date, due to supply costs. Instructor: Sheri Verrilli

Age	Day	Time	Session	Dates	Fee
9-17 yrs	Wednesday	5:00pm-7:00pm	I-5 weeks	1/7-2/4	\$145
9-17 yrs	Wednesday	5:00pm-7:00pm	II-5 weeks	2/25-3/25	\$145

## YOUNG REMBRANDTS

Young Rembrandts students will flex their artistic muscles with an exciting lineup of drawing lessons. We'll warm up with whimsical winter birdhouses and a festive birthday cake—perfect projects to spark imagination. Budding artists will take on dynamic challenges like a bold llama, adorable penguins full of personality, and a Young Rembrandts take on Grant Wood's *American Gothic*. Students will create a blend of elegance and graphic design in imaginative lessons like Trolls at Home and a striking Line Art Owl. If your children are baseball fans, they will love our baseball still life lesson. Learning about warm and cool colors will be the focus as our artists draw a detailed exterior of a house. We'll also learn about and draw the legendary Mars Rover. Finally, we'll take an imaginary trip to Japan and learn about artistry of the kimono. Enroll today! (No Class: 1/19 or 2/16)

Grade	Day	Time	Session	Dates	Fee
K-6th	Monday	6:30pm-7:30pm	I-9 weeks	1/12-3/23	\$190

## BALLROOM & LATIN DANCE

Newstar Ballroom Dance presents dance instruction for kids, including 10+ styles of dance moves. All children ages 6-17 are welcome to join this 3-week class, and learn to Rumba and Waltz! Instructor: Ersi Nie

Age	Day	Time	Session	Dates	Fee
6-17 yrs	Wednesday	5:00pm-5:45pm	I-3 weeks	1/7-1/21	\$80
6-17 yrs	Tuesday	5:00pm-5:45pm	II-3 weeks	2/24-3/10	\$80



# YOUTH PROGRAMS

## BABYSITTING 101

This informative course, presented by Griffin Training Services, will provide participants with universal skills and techniques that every babysitter should have. The course will cover basic care for infants and children, basic first aid, child behavior, age-appropriate activities, emergency protocols, professionalism, leadership, and growing your business. Participants should bring a nut-free lunch.

Age	Day	Time	Date	Fee
11+ yrs	Saturday	9:00am-1:00pm	1/10	\$85
11+ yrs	Saturday	9:00am-1:00pm	3/21	\$85



## ZUMBA

Get ready to move, dance and have fun! Zumba is a high-energy dance fitness class! Packed with kid-friendly routines and popular music, this class gets children moving while teaching rhythm, coordination, and confidence. Through dance activities and easy-to-follow choreography, kids will burn energy, boost their mood, and make new friends—all while learning the basics of healthy fitness habits. No dance or fitness experience needed—just a love of movement and a smile! Instructor: Liley Aguilera

Grade	Day	Time	Session	Dates	Fee
4th-7th	Thursday	5:00pm-6:00pm	I-6 weeks	2/12-3/19	\$80

## COOKING WITH CHEF IT UP

**Session I:** Our junior chefs will make various soups, sandwiches and breads to enjoy during this 6-week program! **Session II:** In this fun-filled 6-week session, our junior chefs will prepare some of our favorite movie night treats! Some menu items include soft pretzels, popcorn balls, pizza, and more! Both sessions are entirely nut free. Please advise of any food allergies at the time of registration.

Age	Day	Time	Session	Dates	Fee
6-14 yrs	Tuesday	5:00pm-6:00pm	I-6 weeks	1/6-2/10	\$90
6-14 yrs	Tuesday	5:00pm-6:00pm	II-6 weeks	2/24-3/31	\$90

## LOST WAX JEWELRY DESIGN CLASS

Design it! Sculpt it! Wear it! Join us for a brand new and uniquely creative jewelry-making workshop where you'll go from idea to wearable art! Under the expert guidance of professional jewelry designer, Maria Ogden, students will explore the full design process, including wax carving, filing and shaping techniques, basic metallurgy, and gemstone identification. Students will design and sculpt their own original pendants. Your one-of-a-kind piece will be sent to a professional casting house in NYC, where it will be cast in the metal of your choice. You'll receive your finished pendant within two weeks of the workshop's end—ready to wear or gift! (Charms are not included in the program fee. Additional casting fees apply and vary based on weight and type of metal chosen. Solid silver or brass range from \$15-\$25, depending on size.) Presented by: By His Design Jewelry Co. (No Class: 1/19 or 2/16)

Ages	Day	Time	Session	Dates	Fee
8+ yrs	Mon	5:00pm-6:00pm	I-6 weeks	1/5-2/23	\$140

# COLLEGE PLANNING WORKOPS



Join Kanellis College Consulting for small-group workshops designed to support students and parents with expert, actionable advice on college search, applications, and planning. Each session offers personalized guidance in a collaborative, small-group format. Every registrant will receive their own digital College Planning Workbook and resource tutorials that fit with the session topic. Visit [kanelliscollegeconsulting.com](http://kanelliscollegeconsulting.com) for additional details.

**Session I:** Help your senior confidently complete their college applications, finalize their lists, prepare for acceptance decisions, compare offers, and help weigh their college options.

**Session II:** Prepare early for success! This session helps juniors assess their skills, interests and strengths to support career exploration; guidance on the college search process, explore college options, plan coursework and develop a personalized plan for the application process. (No Class: 4/7)

Theme	Grade	Day	Time	Session	Date	Fee
Finalizing the College Search, Application & Selection Process	12th	Tuesday	7:30pm-8:15pm	I-4 weeks	1/6-1/27	\$90
College Planning Workshop	11th	Tuesday	7:30pm-8:15pm	II-4 weeks	3/17-4/14	\$90

## SPARTA RECREATION DAY CAMP AT CAMP SACAJAWEA

Sparta Recreation's Day Camp Program, located at beautiful Camp Sacajawea on White Lake, offers an opportunity for campers to unplug, enjoy fresh air, try exciting new activities, make great friends and gain self-esteem, all while having their best summer ever!

For over 30 years, children have been building lifelong friendships and lasting memories at our NJ State certified day camp program. Our exceptional staff is dedicated to helping campers develop new skills, appreciate nature and thrive in the camp environment.

Campers spend their days swimming, boating, and fishing in White Lake. They will also have the opportunity to participate in Archery, Arts & Crafts, Games, and Biking.

We are gearing up for another fantastic summer at Camp Sacajawea! As always, we will enhance the camp experience by including new special events, activities, field trips, and theme days. We look forward to welcoming your child to Sparta Recreation's Day Camp Program!

Registration begins on **March 3rd** for the 2026 season. Camp is scheduled to run for 6 weeks from June 29th-August 7th\*. Full-Day and Extended-Day options will be available for children in Grades 1st-9th. Parents have the option of enrolling for any number of individual weeks or the entire season. More information will be available in our office and on our website ([www.spartanj.org/parks-rec-dept](http://www.spartanj.org/parks-rec-dept)) as the summer approaches!

\*Dates are subject to change, based on modifications to the Sparta Township School calendar, due to snow & emergency closures.

# ADULT PROGRAMS

## KUNDALINI YOGA

This practice can help manage stress, lessen anxiety, improve sleep, and enhance overall health. Learn to safely stretch, strengthen, and relax your body with Kundalini Yoga. Appropriate for all levels of experience, flexibility, and strength. Please arrive 15 minutes early, wear loose fitting clothing, bring water, a mat or towel, and try not to eat two hours prior to the class.

Instructor: Jennifer Dericks (Virtual Only: 3/28)



Day	Time	Session	Dates	Fee	Virtual
Tuesday	6:00-7:15pm	I-8 weeks	1/6-2/24	\$96	\$56
Tuesday	6:00-7:15pm	II-9 weeks	3/3-4/28	\$108	\$63
Saturday	9:00-10:15am	I-9 weeks	1/3-2/28	\$108	\$63
Saturday	9:00-10:15am	II-8 weeks	3/7-4/25	\$96	\$56

## MAT PILATES

Mat Pilates focuses on strength, stability, posture and flexibility, while engaging your core muscles with each movement. Exercises are taught both standing and on the floor. Modifications are suggested for beginners, and also suitable for all fitness levels. Mat Pilates is a challenging yet safe method to lengthen, strengthen, and sculpt your body to increase agility and flexibility in everyday movements. All levels are welcome! Please bring a mat. Instructor: Kathy Vaill, Real Image Fitness

Day	Time	Session	Dates	Fee
Thursday	6:30pm-7:30pm	I-9 weeks	3/5-4/30	\$99

## TOTAL BODY BURN

Burn fat and build muscle and core strength with this Rockstar full-body workout! This fun and challenging class will feature total body, heart pumping, cardio, and strength conditioning workouts. This HIIT class combines weights and cardio, designed to define your muscles, burn fat, tone your body, improve your endurance, and clear your mind! All fitness levels are welcome with modifications provided. Please bring medium weights. Instructor: Kathy Vaill, Real Image Fitness

Day	Time	Session	Dates	Fee
Wednesday	5:00pm-6:00pm	I-9 weeks	3/4-4/29	\$99



## HALO YOGA

Health. Alignment. Lymph. Organs. A different class each week focusing on immune system, lymph, organs, and chakras. Improve your spinal flexibility, health, strength, and relaxation. Please wear comfortable clothing and bring your own yoga mat.

Instructor: Heather Bivona (No Class: 1/19, 2/16)

Day	Time	Session	Dates	Fee	Virtual
Monday	6:00-7:00pm	I-7 weeks	1/5-3/2	\$77	\$42
Monday	6:00-7:00pm	II-8 weeks	3/9-4/27	\$88	\$48
Thursday	9:00am-10:00am	I-8 weeks	1/8-2/26	\$88	\$48
Thursday	9:00am-10:00am	II-9 weeks	3/5-4/30	\$99	\$54

# ADULT PROGRAMS

## WATERCOLOR PAINTING

Try your hand at watercolor painting under the skilled instruction of local artist, Toni Chaplin! No previous experience required. Supplies are not included. Please contact Sparta Recreation if you are a new student and would like a supply list. (No Class: 2/16, 2/17, 3/2, 3/3, 3/5, 3/16, 3/17, 3/19)

Day	Time	Session	Dates	Fee
Monday	9:30am-12:00pm	7 weeks	2/9-4/13	\$175
Tuesday	9:30am-12:00pm	7 weeks	2/10-4/14	\$175
Thursday	6:00pm-8:30pm	8 weeks	2/12-4/16	\$200



## COLORED PENCIL

This class, taught by local artist, Toni Chaplin, will teach you how to use colored pencils effectively and dramatically. Supplies are not included. Please contact Sparta Recreation if you are a new student and would like a supply list. (No Class: 2/16, 3/2, 3/16)



Day	Time	Session	Dates	Fee
Monday	1:00pm-3:30pm	7 weeks	2/9-4/13	\$175

## ADULT OPEN COURT BASKETBALL

This program is open to adults who live or work in Sparta. Participants must be 21 years or older. A court will be reserved at the Mohawk Avenue School on Friday nights from 6:30pm-8:30pm. Open basketball begins 1/3 and runs through 5/23. Participants must register online and a waiver must be completed. There is no cost for this program.

## LOST WAX JEWELRY DESIGN CLASS

Design it! Sculpt it! Wear it! Join us for a brand new and uniquely creative jewelry-making workshop where you'll go from idea to wearable art! Under the expert guidance of professional jewelry designer, Maria Ogden, students will explore the full design process, including wax carving, filing and shaping techniques, basic metallurgy, and gemstone identification. Students will design and sculpt their own original pendants. Your one-of-a-kind piece will be sent to a professional casting house in NYC, where it will be cast in the metal of your choice. You'll receive your finished pendant within two weeks of the workshop's end-ready to wear or gift! (Charms are not included in the program fee. Additional casting fees apply and vary based on weight and type of metal chosen. Solid silver or brass range from \$15-\$25, depending on size.) Presented by: By His Design Jewelry Co. (No Class: 1/19 or 2/16)

Day	Time	Session	Dates	Fee
Mon	5:00pm-6:00pm	1-6 weeks	1/5-2/23	\$140

# SENIOR CITIZEN PROGRAMS

Classes and programs are designed for Sparta residents who are 60 years old or older. All classes meet at the Walter Lynch Senior Center, 40 Trapasso Drive in Sparta, unless otherwise noted.

## MORNING EXERCISE

Easy exercises for strength and flexibility. This class is also accessible virtually via Zoom.

*Instructor: Marianne Dilworth (No Class: 1/19, 2/16, 4/3)*



Days	Time	Session	Dates	Fee	Virtual
MWF	10:00-10:45am	I	Jan & Feb	\$25	\$15
MWF	10:00-10:45am	II	March & April	\$25	\$15

## GENTLE YOGA

This yoga class focuses on gentle movements and is designed for seniors. If you want to attend both Wed & Fri classes, please register for both. *Instructor: Heather Bivona (No Class: 4/3)*

Day	Type	Time	Session	Dates	Fee	Virtual
Wed	Mat	11:00am-12:00pm	I	Jan & Feb	\$20	\$10
Wed	Mat	11:00am-12:00pm	II	March & April	\$20	\$10
Wed	Chair	12:15pm-1:15pm	I	Jan & Feb	\$20	\$10
Wed	Chair	12:15pm-1:15pm	II	March & April	\$20	\$10
Fri	Chair	11:00am-12:00pm	I	Jan & Feb	\$20	\$10
Fri	Chair	11:00am-12:00pm	II	March & April	\$20	\$10
Fri	Chair	12:15pm-1:15pm	I	Jan & Feb	\$20	\$10
Fri	Chair	12:15pm-1:15pm	II	March & April	\$20	\$10

## LINE DANCE

Easy, fun dances and great exercise! No partner or experience necessary.

*Instructor: David Cross (No Class: 1/19, 2/16)*

Day	Time	Session	Dates	Fee
Mon	11:00am-12:00pm	I	January & February	\$20
Mon	11:00am-12:00pm	II	March & April	\$20

## FOREVER FIT

Join us for a fitness class designed especially for seniors of all levels! This low-impact workout combines gentle cardio, light toning, and easy-to-follow movements to help improve strength, flexibility, and overall well-being. No experience needed *Instructor: Lorraine Baer (No Class: 1/1, 3/10, 3/12)*

Days	Time	Session	Dates	Fee
Tues & Thurs	9:00am-10:00am	I	January & February	\$40
Tues & Thurs	9:00am-10:00am	II	March & April	\$40

# SENIOR CITIZEN PROGRAMS

## ZUMBA GOLD

Zumba is a dance focused exercise class set to upbeat Latin and international music. The routines are easy to follow and modified to be low-impact. The focus is on improving balance, flexibility, range of motion, and coordination all while having a great time.

*Instructor: Lily Aguilerra (No Class: 1/1)*

Days	Time	Session	Dates	Fee
Thursday	3:00pm-4:00pm	I	Jan & Feb	\$35
Thursday	3:00pm-4:00pm	II	March & April	\$35

## BINGO!

Enjoy a monthly game of Bingo. All equipment is provided. Registration is required.

Day	Time	Dates	Fee
Monday	12:30pm	1/12, 2/9, 3/9, 4/13	\$5



## SENIOR LUNCHEON

This monthly program features lunch, social time and a dynamic speaker. New members and guests are always welcome! Registration recommended, payment is taken at the time of event.

Day	Time	Dates	Fee
Thursday	12:00pm	1/15, 2/5, 4/9	\$5

# SENIOR CITIZEN TRIPS

## MORRIS MUSEUM MINI-TRIP: February 19th

Sparta Seniors will be heading to the Morris Museum, a Smithsonian Affiliate, in Morristown, New Jersey. Senior Surrey transportation will be available on a limited basis for Sparta Residents. Admission to the museum will be at 11:30. Transportation details to follow. Registration closes 1/30, or when trip is full. Cost: \$12

## WIND CREEK CASINO AND OUTLETS: April 16th

Enjoy a day at Wind Creek Casino and Outlets in Bethlehem, PA. The group will have unscheduled time to enjoy the casino, outlets, and scenery. Trip includes transportation and \$25 Casino Play Card. Bus will leave Kids Kastle (100 Station Road) in Sparta at 8:30 a.m. Bus will leave Wind Creek Casino at 3:00. \*Participants must have an I.D. with them. Registration closes 4/10, or when trip is full. Cost: \$20

Registration for all senior trips can be done over the phone at 973-729-2383, in person or online at <https://register.communitypass.net/SpartaTownship>. Space is limited and trips are offered on a first come, first serve basis. Sparta residents will be offered priority registration. All trips depart from Kids Kastle parking lot at Station Park in Sparta (100 Station Road.)

# SENIOR CITIZEN PROGRAMS

## **CANDLE MAKING CLASS:** January 29<sup>th</sup>

Join us for a fun and relaxing candle-making class designed just for seniors! You'll create your own candle in a beautiful decorative jar, choosing from a variety of soothing scents to make it uniquely yours. At the end of the session you can take home your handmade candle. Registration closes 1/20, or when program is full. Class will be at 12:00 p.m.

*Instructor: The Paint Box Studio. Cost: \$22*



## **LIFE-SAVING SKILLS A.E.D. WORKSHOP:** February 12<sup>th</sup>

Join Griffin Training Services for a 1-hour AED (Automated External Defibrillator) Familiarization Class. Learn how to operate an AED, correctly place the pads, and get hands-on practice using training units. You'll leave this workshop with greater confidence in responding to sudden cardiac emergencies. Workshop begins at 10:30 a.m. Cost: \$12

## **POP-UP PAINTING CLASS:** February 26<sup>th</sup>

Join us for a pop-up painting class for seniors. No experience needed and all supplies are provided! Guided step-by-step by a friendly instructor, you'll create your own unique masterpiece to take home. Registration closes 2/19, or when program is full. Class will be at 12:00 p.m. *Instructor: The Paint Box Studio. Cost: \$22*

## **SAINT PATRICK'S DAY PARTY:** March 5<sup>th</sup>

Join Sparta Recreation in a Saint Patrick's Day Senior Celebration. Enjoy a meal from the Irish Cottage Inn. Seniors will have the option to either stay and eat their meal at the Senior Center, or they may take their meal home. Registration closes 2/27, or when program is full. Event begins at 12:00 p.m. Cost: \$15

## **SPARTA HIGH SCHOOL PLAY "GREASE":** March 12<sup>th</sup>

Save the date for the Sparta High School Play! Performance is free for Sparta Seniors and includes dinner. Registration required, please call Sparta Recreation at 973-729-2383, starting February 12th. More information to follow. No Cost.

## **MASTER GARDENER PRESENTATION:** March 26<sup>th</sup>

Prepare for Spring by joining a Rutgers Master Gardener in a presentation discussing Vegetable Garden Planning in Small Pots and Containers. Light refreshments will be served. Presentation will begin at 11:00 a.m. Cost: \$5

## **GENERATIONS AT PLAY CAFÉ:** April 10<sup>th</sup>

Join us in our first Generations at Play Café! Seniors are invited to bring their grandchildren for an afternoon of board games, puzzles, coffee, and a popcorn station! This program is intended for children ages 5+. \*Sparta Students have no school on April 10th. Event will run from 2:30 p.m.-4:30 p.m. Cost: \$10 (per Group)

# SENIOR CITIZEN ON-GOING SERVICES

## FREE SENIOR VAN SERVICE

Sparta Recreation offers free transportation service for Sparta Seniors over 60 years of age. Reservations are necessary at least 24 hours in advance. The van makes scheduled trips to Newton each Monday, Wednesday and Friday morning for doctor appointments, the hospital and shopping at local stores. The van leaves Sparta by 9:15am and returns to Sparta around noon. Local shopping, banking, hair appointments etc. are accommodated in the afternoon. Riding the senior van is the easiest way to get out and around. Call 973-729-8542 weekdays between 9:00am-3:00pm and a senior volunteer will schedule your ride. The van is equipped with a wheelchair lift to transport disabled or handicapped clients.

## GOOD MORNING PROGRAM

The Sparta Police Department offers a call-in program that offers great protection for seniors and a wonderful comfort for their families. To participate, seniors complete a registration form and call in each morning. If they don't call in, someone from the Sparta Police Department will attempt to contact them by phone. If this is unsuccessful after a few attempts, a patrol car will be dispatched to their home to check on their welfare.



## SENIOR HANDYMAN PROJECT

The Senior Advisory Committee has compiled a list of contractors who have agreed to perform services for seniors in a timely fashion, at a "going" reasonable rate, satisfaction guaranteed. When contacting one of these individuals, please tell them that you received their name from Senior Advisory Committee handyman project. Stop by Sparta Recreation to pick up a list of contractors.

## SPARTA SENIORS CARD CLUB

This club welcomes all men and women, Sussex County residents 55 years and older to play cards with our friendly members! They meet every Tuesday from 10:30am-5:00pm at the Senior Center in Sparta. Even if you have never played cards, they will gladly teach you. Membership includes many fun activities, such as an annual picnic, ice cream social, pizza parties, Halloween and Christmas parties and more! The group has approximately 40-50 members, some of whom joined 10 years ago or more. For more information, please contact Mel Morter, President, at 973-738-6933.

## Senior Volunteer Opportunities

**Senior Ambassadors: Town Hall**—Sparta is seeking active, engaging seniors to serve as ambassadors, for two hours a day, in Sparta's Town Hall.

**Phone Volunteers: Walter Lynch Senior Center**—Sparta is seeking dedicated volunteers to answer phones at the senior center. You can choose any day of the week, Monday-Friday from 9:00-12:00pm or 12:00pm-3:00pm, as often as you would like.

**Sparta Senior Advisory Committee**—The purpose of the Sparta Senior Advisory Committee is to create awareness and advise the Sparta Township Council in addressing the welfare and concerns of Sparta Township's senior residents. The Sparta Senior Advisory Committee meets on the third Wednesday of the month at 11:00am at Sparta Town Hall. All Sparta senior residents are welcome.

For more information, call Emily Songer at 973-729-2383.

# SPARTA SPORTS ORGANIZATIONS



Organization	President	Email	Website
Men's Mushball	Janice Williams	Janice.williams@spartanj.org	spartanj.org
Women's Softball	Jeanne Montemarano	Jeanne.Montemarano@spartanj.org	spartanj.org
Sparta Spartans Youth Football & Cheer	Pete Skei	spartansnj@gmail.com spartanscheermj@gmail.com	spartafootball.org Spartafootball.org/cheer
Sparta Girls Sports Softball	Frank D'Aleo	spartayouthsoftballnj@gmail.com	spartasoftware.com
Sparta Soccer Club	Tim Kelly	contactus@spartasoccer.com	spartasoccer.com
Sparta Youth Wrestling	David Brodersen	spartayouthwrestlingnj@gmail.com	spartayouthwrestling.teampages.com
Sparta LL Baseball	Mark Fagersten	presidentspartaLL@gmail.com	spartabaseball.com
Sparta Lacrosse	Wendy Selander	info@spartayouthlacrosse.com	spartayouthlacrosse.com
Sparta Youth Hockey Club	Maria Petrou	spartahockeynj@gmail.com	Spartahockeyclubnj.com
Sparta P.A.L. Travel Basketball	Ernie Reigstad	info@spartapal.com	spartapal.com
Men's Soccer	Carl Nelson	5starcarl@gmail.com	
Women's Soccer	Leeanne Paolazzi	leannevrp@yahoo.com	
Sparta Cricket Club	Roop Kumar	spartanjcricketclub@gmail.com	

# 2026 Winter Program Registration Information

Program Registration Begins on

**\*December 10th\***

**(Non-resident registration begins on December 17th)**

Registration can be done in our office, over the phone at 973-729-2383, or online at <https://register.communitypass.net/SpartaTownship>. Sparta Recreation is located in the lower level of the Sparta Library (22 Woodport Road.) Our office hours are Monday-Friday 8:30am-4:30pm. All Youth & Adult classes take place in the lower level of the Sparta Library (22 Woodport Road), unless otherwise noted. All senior citizen programs take place at the Senior Center (40 Trapasso Drive), unless otherwise noted.

All fees are due at the time of registration. **Please register early.** If a class does not have a sufficient number of participants, it will be canceled. Program tuition includes a non-refundable registration fee. Programs costing up to \$50.00 include a \$5.00 non-refundable fee. Programs costing \$51.00 or more include a \$10.00 non-refundable fee. (Camp withdrawal fees and Circle of Friends withdrawal fees are more substantial and are noted in the Policies & Procedures for those programs.)

**No refunds will be issued after the start date of the program.** Some programs have earlier dates after which refunds will not be issued, due to supply costs. These policies are noted in program descriptions.

Fees are calculated per session and will not be prorated. Refunds are given due to insufficient registration, documented illness, or other circumstances beyond our control. Acceptable forms of payment are cash, checks made payable to "Sparta Recreation", Visa or Mastercard. Out of town residents are invited to participate, however, there is an additional fee.

If class is canceled for any reason, a make-up class will be scheduled, usually at the end of the session. **Refunds will not be issued if you are not able to attend the make-up class.**

Our weather related closing policy states that if Sparta Schools are closed, day classes will be canceled. If Sparta Schools have a delayed opening, morning classes will be canceled. If Sparta Schools have an early dismissal, all evening classes and programs will be canceled. Participants of Circle of Friends Preschool will be notified via email, if class is canceled or delayed.

## **SPARTA RECREATION**

Location: 22 Woodport Road

Sparta, NJ 07871

Mailing Address: 65 Main Street

Sparta, NJ 07871

Hours: Mon-Fri 8:30am-4:30pm

973-729-2383



## **SPARTA RECREATION STAFF**

Jeanne Montemarano: Director

Janice Williams: Accounts Clerk

Alison Deeney: Program Coordinator

Kelly Giannantonio: Recreation Aide

Emily Songer: Sr Citizen Program Coordinator

Kathleen Fugaro: Night Supervisor

Charlie Munroe: Senior Bus Driver

Don Bogardus: Senior Bus Driver



## **MISSION STATEMENT**

Sparta Township Parks & Recreation exists to provide and facilitate access to parks, recreation, cultural opportunities and open space. Our staff members are committed to delivering the benefits of parks and recreation services including:

- Leisure time benefits of providing a wide variety of quality and introductory programs at affordable costs.
- Personal benefits of strengthening self-esteem and self-image, improving health and fitness, and reducing stress in an enjoyable atmosphere.
- Social benefits of building stronger families, creating community spirit, promoting opportunities to develop new friendships, and providing positive alternatives for all segments of the community.
- Environmental benefits of protecting and rehabilitating natural areas and open space, and contributing to overall community livability.

We strive to provide parks and facilities that are safe and attractive and offer recreation programs that are enjoyable and meaningful. We look forward to working with other area agencies and departments to help enhance the overall quality of life. We believe in being honest, positive and responsive to the needs and interests of the public.